

Key facts about the residents of California District 41¹

Medicaid plays a critical role in people's lives. More than 180,000 District residents rely on Medicaid for health care and protection against unaffordable medical bills. They include 70,000 children and almost 25,000 adults age 65 and older.²

Many people with incomes too high for Medicaid buy their own health insurance on Covered California. Almost 30,000 District residents rely on Covered California for insurance, most of whom use enhanced premium tax credits to purchase coverage. If Congress lets those credits expire after 2025, residents' health care costs will rise. For example:

- A 40-year-old man earning \$31,000 a year would see his monthly premiums more than double, rising from \$58 to \$153. His annual health insurance costs would thus shoot up by \$1,140.
- Health insurance costs would nearly triple for a 60-year-old couple earning \$82,000, rising from \$581 to \$1,750 a month. The couple's annual premium costs would go up by \$14,000.

More than 30,000 District families use the Supplemental Nutrition Assistance Program (SNAP) to help pay their grocery bills. These families include:³

- **Children.** Half of the District's SNAP families have children.
- **Older adults.** Half of the District's SNAP families include at least one adult age 60 or older.
- **People with disabilities.** More than half of the District's SNAP families include at least one person with disabilities.
- **Low-wage workers.** Almost 90% of the District's SNAP families include bread-earners who work but do not make enough money to feed their families without help.⁴

Data sources

Medicaid numbers. U.S. Census Bureau (2023). Medicaid/Means-tested Public Coverage by Sex by Age American Community Survey 1-year estimates. Retrieved from https://censusreporter.org/data/table/?table=B27007&geo_ids=04000US08,500|04000US08&primary_geo_id=04000US08#valueType|estimate, on Feb. 5, 2025. Estimates are for 2023.

Healthcare.gov numbers. KFF, Congressional District Interactive Map: How Much Will ACA Premium Payments Rise if Enhanced Subsidies Expire? Feb. 3, 2025, retrieved from <https://www.kff.org/affordable-care-act/issue-brief/congressional-district-interactive-map-how-much-will-aca-premium-payments-rise-if-enhanced-subsidies-expire/>, on Feb. 5, 2025. Enrollment totals are from 2024. Estimated impact of ending enhanced premium tax credits is for 2025.

SNAP numbers. U.S. Department of Agriculture Food & Nutrition Service, SNAP Community Characteristics Dashboard Congressional District Explorer, Feb. 3, 2025, retrieved from <https://www.fns.usda.gov/sites/default/files/data-files/cat-snap-congressional-districtDB.csv>, on Feb. 5, 2025.

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² The exact figures, according to the Census Bureau, were 186,113 District residents who were covered through Medicaid in 2023, including 70,588 children and 23,458 older adults.

³ These proportions add up to more than 100%, because a single family can have members in multiple categories. For example, a SNAP family with a disabled father, a working mother, and a child would count as a family with a child, a family with a member who is a person with disabilities, and a family that includes a low-wage worker.

⁴ The exact figures, according to the U.S. Department of Agriculture, were 30,709 District families who used SNAP to help pay food costs, including 15,203 families with children, 15,009 families with at least one adult age 60 or older, 16,282 families with at least one person with disabilities, and 27,182 families with one or more workers.